SEMPOZYUM DUYURUSU

Uluslararası Spor Fizyoterapisi ve Bilimi Sempozyumu – 2. Edisyon: Paralimpik Sporlar

International Symposium on Sports Physiotherapy and Science (INT-SSPS 2026) – Second Edition: Paralympic Sports

Tarih	3–4 Aralık 2026
Yer	Çevrim içi
Katılım	Ücretsiz (ön kayıt gereklidir)
Dil	İngilizce
Kapsam	19 ülkeden 27 konuşmacı · 11 bilimsel oturum

Türkiye Özel Sporcular Eğitim Yardım ve Spor Vakfı (TÖSEV) öncülüğünde; Osmaniye Korkut Ata Üniversitesi, Tokyo Metropolitan University (Japonya), Doğu Akdeniz Üniversitesi (KKTC) ve Universitas ‘Aisyiyah Yogyakarta (Endonezya) iş birliğiyle düzenlenen sempozyumda, Uluslararası Paralimpik Komite (IPC) temsilcileri ile Avrupa, Asya, Okyanusya, Kuzey ve Güney Amerika’dan önde gelen bilim insanları yer alacaktır.

Başlıca konular:

- Paralimpik sporlarda kanıta dayalı sınıflandırma
- Para atletizm, halter, tekvando, masa tenisi, atıcılık, boccia, ampute futbol ve tekerlekli sandalye basketbolu
- Performans, pacing ve öz düzenleme; hidrasyon ve beslenme
- Tekerlekli sandalye sporcularında omuz sağlığı ve yaralanmaların önlenmesi
- Anti-doping ve tedavi amaçlı kullanım istisnaları (TUE)
- Psikolojik dayanıklılık, aile desteği, sağlık ekibinin rolü, kapsayıcılık ve Para spor eğitimi

Hedef kitle: Fizyoterapistler, hekimler, spor bilimciler, antrenörler, sınıflandırıcılar, akademisyenler ve lisans/lisansüstü öğrenciler.

Ücretsiz kayıt:
https://international-sports-physiotherapy.com/registration

İletişim: info@international-sports-physiotherapy.com

Onursal Başkanlar: Ömer Osman YANIK (TÖSEV Başkanı) · Prof. Dr. Turgay UZUN (OKÜ Rektörü) · Prof. Dr. Hasan KILIÇ (DAÜ Rektörü) · Dr. Moh. Ali IMRON (UNISA Rektör Yardımcısı)
Sempozyum Eş Başkanları: Doç. Dr. Gökhan YAĞIZ · Doç. Dr. Nami SHIDA

INTERNATIONAL SYMPOSIUM ON SPORTS PHYSIOTHERAPY & SCIENCE

2026 Second Edition · Special Focus: Paralympic Sports

3–4 December 2026 · Online · Free registration

Draft scientific programme · All times are Türkiye time (UTC+3) · Each lecture: 25 min + 5 min questions unless otherwise shown

Day 1 · Thursday, 3 December 2026

13:30–13:35	**Opening speech** Mr. Ömer Osman Yanık – President, TÖSEV (Honorary President)	
13:35–13:40	**Opening speech** Assoc. Prof. Dr. Gökhan Yağız – Symposium Co-Chair	
Session 1		
13:40–14:10	**Prof. Kwok Ng** Lithuanian Sports University, Lithuania · University of Turku, Finland · University of Limerick, Ireland	*Harmonisation the heterogeneity of disability data*
14:10–14:40	**Dr. Moh. Ali Imron** Vice Rector IV, Universitas 'Aisyiyah Yogyakarta, Indonesia	*Paralympic Sports in Indonesia: Lessons from the National Amputee Football Team*
14:40–14:50	*Break*	
Session 2		
14:50–15:20	**Prof. Brett Smith** Durham University, UK	*Quality participation and co-production: Empowering people with disabilities to become more physical active*
15:20–15:50	**Asst. Prof. Dr. Debbie Van Biesen** KU Leuven, Belgium	*Beyond IQ: Understanding the Role of Cognition in Elite Sport Performance for Athletes with Intellectual Impairment*
15:50–16:10	*Break*	
Session 3		
16:10–16:40	**Sercan Yıllı, PT** World Tennis & Hacettepe University, Türkiye	*Para Sport Classification in Turkey: National Development Strategies*
16:40–17:10	**Prof. Ciro Winckler** Federal University of São Paulo, Brazil	*Para Athletics: State of the Art*
17:10–17:30	*Break*	
Session 4		
17:30–18:00	**Asst. Prof. Laura V. Rivera-Amézquita** Universidad del Rosario, Colombia	*Validity and reliability of anthropometric equations to estimate body composition in athletes with unilateral lower-limb amputation*
18:00–18:50	**Prof. Cathy McKay** James Madison University, USA	*Beyond inclusion: The power of Para sport education to transform disability perspectives*
18:50–19:00	*Close of Day 1*	

Symposium Co-Chairs: Assoc. Prof. Dr. Nami Shida (Tokyo Metropolitan University) · Assoc. Prof. Dr. Gökhan Yağız (Osmaniye Korkut Ata University)

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Day 2 · Friday, 4 December 2026

Session 5		
07:00–07:30	**Assoc. Prof. David O'Sullivan** Seoul National University, South Korea	*Para Taekwondo Classification – Research Past, Present, and Future*
07:30–08:00	**Prof. Katherine Black** University of Otago, New Zealand	*Hydration and Paralympic athlete*
08:00–08:30	**Assoc. Prof. Pui Wah Kong** Nanyang Technological University, Singapore	*From Movement to Meaningful Coaching: Building Individualised Pathways in Para-Table Tennis*
08:30–09:00	*Break*	
Session 6		
09:00–09:30	**Prof. Sean Tweedy AM** University of Queensland, Australia	*Evidence based Classification and Best Practice Classification – what is the difference and why is it important?*
09:30–10:00	**Dr. Daniel van den Hoek** University of the Sunshine Coast, Australia	*Evidence to Inform Para Powerlifting: Weight Categories, Medal Standards, and Bodyweight-Scaled Scoring*
Session 7		
10:00–10:30	**Prof. Dr. Çiğdem Öksüz** Hacettepe University, Türkiye	*From Impairment to Performance: Building the Evidence Base for Classification in Para Shooting*
10:30–11:00	**Assoc. Prof. Dr. Nami Shida & Assoc. Prof. Dr. Gökhan Yağız** Tokyo Metropolitan University, Japan · Osmaniye Korkut Ata University, Türkiye	*Boccia beyond competition: effects on physical, functional and psychosocial outcomes – a systematic review*
11:00–11:10	*Break*	
Session 8		
11:10–11:40	**Prof. Jan Lexell** Lund University, Sweden	*Use of WADA prohibited medications among para athletes and therapeutic use exemptions (TUE) in Paralympic sport*
11:40–12:30	**Dr. Michael Hutchinson** International Paralympic Committee	*The IPC Classification Code: from Best Practice to evidence-based classification*
12:30–13:20	**Dr. Tiago Russomanno** International Paralympic Committee	*Advancing Evidence-Based Classification in Paralympic Sport: Research Framework, Current Initiatives and Future Directions*
13:20–13:30	*Break*	
Session 9		
13:30–14:00	**Prof. Florentina Hettinga** Vrije Universiteit Amsterdam, Netherlands	*Pacing, self-regulation and performance in athletes with physical and/or intellectual impairments*
14:00–14:30	**Prof. Diego Bogado** National University of Hurlingham, Argentina	*From the Hospital to the Club: The role of competitive sport in the development of people with disabilities*
14:30–15:00	**Assoc. Prof. Dr. Aynur Demirel** Hacettepe University, Türkiye	*A model for guiding athletes with disabilities toward sports: the example of wheelchair basketball*
15:00–15:30	*Lunch break*	
Session 10		
15:30–16:00	**Asst. Prof. Dr. Burkay Utku** Hacettepe University, Türkiye	*The role of the medical team during paralympic sports events*
16:00–16:30	**Prof. Dr. Oğuzhan Çolakkadıoğlu** Osmaniye Korkut Ata University, Türkiye	*Beyond the Athlete: Psychological Resilience and the Role of Family Support in Paralympic Sports*
16:30–17:00	**Dr. Fransiska Bossuyt** ETH Zürich, Switzerland	*Shoulder Health in Wheelchair Athletes: Sex Differences and Implications for Injury Prevention*
17:00–17:40	*Break*	
Session 11		
17:40–18:30	**Prof. P. David Howe** Western University, Canada	*Beyond the Cultural Politics of the Paralympic Games*
18:30–19:00	**Prof. David Legg** Mount Royal University, Canada	*Long Term Development for disability sport, the impact of inclusion in a Canadian context*
19:00–19:15	*Closing*	

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HONORARY PRESIDENTS



Mr. Ömer Osman YANIK
President, TÖSEV



Prof. Dr. Turgay UZUN
Rector, Osmaniye Korkut Ata Univ.



Prof. Dr. Hasan KILIÇ
Rector, Eastern Mediterranean Univ.



Dr. Moh. Ali IMRON
Vice Rector IV, Univ. 'Aisyiyah Yogyakarta

SPEAKERS



Symposium Co-Chair
Assoc. Prof. Dr. Gökhan YAĞIZ



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Assoc. Prof. Dr. Nami SHIDA



Prof. Dr. Brett SMITH



Prof. Dr. Jan LEXELL



Prof. Dr. Florentina HETTINGA



Assoc. Prof. Dr. Pui Wah KONG



Prof. Dr. P. David HOWE



Prof. Dr. Sean TWEEDY AM



Prof. Dr. Kwok NG



Prof. Dr. Katherine BLACK



Prof. Dr. David LEGG



Prof. Dr. Cathy MCKAY



Dr. Michael HUTCHINSON



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Asst. Prof. Laura V. RIVERA-AMÉZQUITA



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Assoc. Prof. Dr. Aynur DEMIREL



Prof. Dr. Oğuzhan ÇOLAKKADIOĞLU



Asst. Prof. Dr. Burkay UTKU



MSc, PT Sercan YILLI

TÖSEV
Türkiye Özel Sporcular Eğitim, Yardım ve Spor Vakfı

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